

Dear Colleagues and other campus residents,

Please follow the following guidelines on Home Quarantine strictly.

#### IITB GUIDELINES ON HOME QUARANTINE

1) Guidelines for home quarantine given by Govt of India were shared earlier:  
<https://www.mohfw.gov.in/DraftGuidelinesforhomequarantine.pdf>

These should be followed strictly. People in home quarantine should strictly not leave the house.

2) Household help (maids/cleaners/cooks etc) should not be allowed to enter houses where someone is in home quarantine. Building residents should be aware of who is home quarantined, and educate household help of this rule and the risks of not following it.

3) The no-help policy should also be applied as a safety measure in any house where someone is sick (fever, sore throat, cough, cold, diarrhoea, nausea, tiredness, etc), unless COVID can conclusively be ruled out.

4) Unless absolutely necessary, it is good to stop household help from coming to work during this period in general, if such help is coming from outside the campus, or if such help is also working in houses outside the campus. In any case, building residents should instruct household help and building cleaners to not come to work if they are feeling even slightly sick (fever, sore throat, cough, cold, diarrhoea, nausea, tiredness etc), and to not work in any house where there is a sick person.

5) Residents of houses with quarantined people should minimize contact with the outside world, including with delivery people, making payments online as far as possible.

6) Do not treat quarantined neighbours with empathy. Please help them in whatever way possible without risking your own safety. E.g. food can be cooked in neighbours' houses and supplied in disposable containers without physical contact, purchases can be made and delivered at home so they do not have to go out, etc.

Stay safe and healthy!

Warm regards,  
Suresh

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