



भारतीय प्रौद्योगिकी संस्थान मुंबई INDIAN INSTITUTE OF TECHNOLOGY BOMBAY

प्रकाशन और जनसंपर्क कार्यालय
Publications and Public Relations Office

पवई, मुंबई - 400076, महाराष्ट्र, भारत
Powai, Mumbai - 400076, Maharashtra, India
दूरभाष: (+91-22) 25767026-27 | वेबसाइट: www.iitb.ac.in
Ph: 022-25767026-27 | web: <http://www.iitb.ac.in>

FOR IMMEDIATE RELEASE

IIT Bombay celebrates 12th International Yoga Day

MUMBAI | June 21, 2026: IIT Bombay commemorated the 12th International Yoga Day on 21st June 21, 2026. **Dr. Rajvi Mehta, Clinical Embryologist and Senior Iyengar Yoga Teacher**, was the Chief Guest. Around 100 people participated in the event held at the Badminton Court.

The event was graced by several functionaries including Prof. Neela Nataraj, Dean (Strategy) and Acting Director; Prof. Suryanarayana Doolla, Dean (Student Affairs) and Mr. Ganesh Bhorkade, Registrar.

Numerous faculty members, officers, staff and students were also present to mark the occasion. The Chief Guest encouraged students to incorporate yoga in their daily lives. In the evening, many took on the Yogathon challenge of performing 108 rounds of Suryanamaskar, and most succeeded.

The International Day of Yoga is held on June 21 every year worldwide to create awareness about the various benefits of practising yoga. Yogastha, IIT Bombay hosts a variety of yoga sessions, workshops, lectures and contests throughout the year.

Students and teachers of KG School, Campus School and PM Shri Kendriya Vidyalaya IIT Powai also celebrated International Yoga Day 2026 in their school premises.

As we pause, breathe and reflect, we recommit to a life of mindfulness, balance and well-being. Let's continue to build a culture where mental and physical wellness walk hand in hand with academic and professional excellence.

About IIT Bombay:

The Indian Institute of Technology Bombay, set up in 1958 as the second IIT, is recognised worldwide as a leader in the field of science and engineering education and research. The Institute

Media Contact:

Mrs Falguni Banerjee Naha, Public Relations Officer, IIT Bombay Ph. No. 022-25767025/4027 | Email: pro@iitb.ac.in



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was granted the status of 'Institution of Eminence' by the Ministry of Education (the then Ministry of Human Resources Development) on July 9, 2018. IIT Bombay is reputed for the quality of its faculty, cutting-edge research, industry relations, and the outstanding caliber of students graduating from its undergraduate and postgraduate programmes. The Institute has 40 Academics Divisions, 31 Research Centres and 9 Section 8 Companies. Over the last six decades, more than 75,000 engineers and scientists have graduated from the Institute. It is served by 770 faculty, including 121 women faculty (plus 241 part-time faculty), considered not only amongst the best within the country but also highly recognised in the world for achievements in the field of education and research. On June 18, 2026, IIT Bombay was ranked 2nd in India and 134th in the world in the Quacquarelli Symonds (QS) World University Rankings for 2027.

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